

Define regions

Demographics:

Gender

Race

Age range

Income

Sexual Orientation

Veteran

Zip Code

County

Knowledge of community resources:

**1. If you were to experience a behavioral health crisis or tragedy in your life, would you know where to go for help?**

- Yes
- No

Access to care:

**2. Were you able to find the help you needed in your county?**

Yes/ no

Broken out to:

- Were you able to find professionals in your county to provide a diagnosis?
- Were you able to stay in your county to receive needed treatment?
- After initial treatment, were you able to find adequate follow up services and supports in your county?

**Data example:**

- Stayed in the county for diagnosis, but had to leave the county for treatment 25%
- Stayed in the county for treatment, but couldn't and follow-up services in the county 36.1%

- Left the county for diagnosis, but were able to return to the county for treatment 8.3%
- Left the county for treatment, but were able to return to the county for follow-up services 10.1%

**3. What is the estimated miles you have to travel to access treatment?**

**4. If you have to access services outside the county, what county do you go to?**

- Open answer

**5. From the time you or someone you know asked for treatment, how long did it take to receive treatment?**

- 24 hours or less
- Less than a week
- 1-4 weeks
- More than 4 weeks

(compare with leaving county versus those who stayed in county)

**6. What needed services and supports did you have difficulty accessing in your county?**

- Services for veterans
- Suicide prevention services
- Youth services
- Services for LGBTQ
- Job search and placement services
- Housing
- Services in their native language
- Prescription medication management
- Support groups for substance abuse recovery
- Support groups for mental illness recovery
- Peer support
- Club house to support individuals with severe mental illnesses
- Respite Care
- Education and prevention services

- Outpatient therapy
- Day treatment
- Residential Treatment
- Inpatient psychiatric treatment
- Detox Center
- Crisis Stabilization Unit
- Services needed were found
- Other

**7. What are the specific resources you find useful in your region:**

- Services for veterans
- Suicide prevention services
- Youth services
- Geriatric behavioral health treatment
- Services for LGBTQ
- Job search and placement services
- Housing
- Services in their native language
- Prescription medication management
- Support groups for substance abuse recovery
- Support groups for mental illness recovery
- Peer support
- Club house to support individuals with severe mental illness
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- Other

**8. Do you believe that adequate support exists within your *county* to assist those dealing with mental illness or substance abuse issues?**

- Yes

- No

**9. Do you believe that adequate support exists within your *region* to assist those dealing with mental illness or substance abuse issues?**

- Yes
- no

**10. What agencies do you use in your region to access behavioral health treatment or support?**

Open answer

**11. What barriers made it difficult to access treatment?**

- Cost of treatment
- Location of treatment facilities
- Difficulty with transportation to treatment facilities
- Didn't want anyone to know
- Pressure from family or peers discouraging treatment
- Language
- Child Care
- Other: \_\_\_\_\_

Criminal Justice:

**12. In your opinion, does intervention involving the criminal justice system influence the helpfulness of treatment?**

- Not helpful
- Somewhat helpful
- Very helpful

**13. Did intervention involve interaction with the criminal justice system?**

- Intervention involved the criminal justice system?
- Did not involved the criminal justice system?

and

- Both mental health and substance abuse treatment
- Primarily mental health treatment
- Primarily substance abuse treatment

**14. Limitations to the current criminal justice system in helping mentally ill offenders that can be solved without changes in state legislation**

**15. Limitations to the current criminal justice system in helping mentally ill offenders that cannot be solved without changes in state legislation**

Broken into:

- Involved in the criminal justice system
- Not involved in the criminal justice system

And

- Both mental health and substance abuse
- Primarily mental health treatment
- Primarily substance abuse treatment

System level Awareness:

Are you aware of the Regional Behavioral Health Policy Boards?

Are you aware of what your Regional Behavioral Health Policy Board's priorities?

Do you feel like your needs are being addressed at the regional level?

Are you aware of what the Division of Public and Behavioral Health's priorities?

Do you feel like your needs are being addressed at the regional level?

Advocacy:

**16. Where do you believe the County should focus its efforts in supporting those with persistent mental illness or substance use challenges?**

- Services to those that lack financial means to access treatment
- Connecting those that struggle with these challenges to the right community resources (local, non- profits, etc.)
- Community awareness
- The County should not play a role in providing support for these individuals
- I don't know
- Other (please specify)

**17. Where do you believe the Region should focus its efforts in supporting those with persistent mental illness or substance use challenges?**

- Services to those that lack financial means to access treatment
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- Community awareness
- The County should not play a role in providing support for these individuals
- I don't know
- Other (please specify)

**18. What things are working well?**

Examples: Specific programs and interventions, community collaboration

**19. What gaps in mental health services have you observed?**

**20. What do you see as the greatest barrier to accessing mental health services in the county?**

- Lack of financial
- Lack of transportation
- Stigma- concerns that in a small community, others will find out I'm seeking mental health treatment
- Lack of services in languages other than English
- Lack of child care
- Lack of mental health providers
- Other

**21. What would you change about mental health services in the region?**

